

ABSTRACT OF THE DISCLOSURE

It is an object of the present invention to provide a data rewritable type optical recording medium which includes a plurality of recording layers and in which data reading characteristics and reproducing characteristics of the respective recording layers can be improved.

An optical recording medium according to the present invention includes an L1 recording layer 30 and an L0 recording layer 20 formed on a support substrate 11, and a transparent intermediate layer 12 formed between the L1 recording layer 30 and the L0 recording layer 20. The L0 recording layer 20 includes a recording film 24, a first dielectric film 25 disposed in contact with the recording film 24 on the side of the light incidence plane 13a, a second dielectric film 23 disposed in contact with the recording film 24 on the side of the support substrate 11, a transparent heat radiation film 26 disposed in contact with the first dielectric film 25 on the side of the light incidence plane 13a, a translucent reflective film 22 disposed in contact with the second dielectric film 23 on the side of the support substrate 11 and a base protect film 21 disposed between the translucent reflective film 22 and the transparent intermediate layer 12. The thickness of the second dielectric film 23 is set to be thinner than 15 nm and the thickness of the translucent reflective film 22 is set to be thinner than 20 nm.